

RESOURCE GUIDE



Office of
Mental Health



Herkimer County

This resource guide includes information about where you can find help in your local community. All the programs and services listed below allow you to self-refer and some may offer walk-in appointments.

Crisis Services & Support

Mobile Crisis (The Neighborhood Center)

24/7 number to call in moments of mental health crisis.
(315) 732-6228 or (844) 732-6228
Crisis team can rapidly respond to your home or in the community if necessary.

Crisis Stabilization Center (CHBS)

24/7 walk-in center for mental health crisis.
1002 Oswego St Suite 2, Utica, NY 13502
(315) 520-7802
Call or walk-in anytime for MH and SUD support, counseling, and referrals to resources in a home-like setting.

Herkimer County Mental Health Services

Outpatient clinic available in crises.
301 N. Washington St, Suite 2470, Herkimer, NY 13350
(315) 867-1465 **Standard Hours:** Mon-Fri 8 am-4:30 pm
Memorial Day-Labor Day: Mon-Fri 8 am-4 pm **Every other Monday all year:** 8 am-7 pm.

Mental Health Treatment & Rehabilitation

Community Health & Behavioral Services

Outpatient clinic with walk-in capability.
235 N. Prospect St, Herkimer, NY 13350
(315) 798-8868
Standard Hours: Mon-Fri 8 am-4:30 pm **Walk-In Hours:** Mon-Fri 9 am-3 pm. Call for more information.

Herkimer County Mental Health Services

Outpatient clinic.
301 N. Washington St, Suite 2470, Herkimer, NY 13350
(315) 867-1465 **Standard Hours:** Mon-Fri 8 am-4:30 pm
Memorial Day-Labor Day: Mon-Fri 8 am-4 pm **Every other Monday all year:** 8 am-7 pm. Call about intake.

Beacon Center Outpatient Clinic

Outpatient clinic.
210 S. Main St, Herkimer, NY 13350
(315) 717-0189
Hours: Monday—Friday, 9 am—8 pm.
Call to inquire about intake.

Mohawk Valley Psychiatric Center Herkimer Clinic

Outpatient clinic.
205 N. Main St, Herkimer, NY 13350
(315) 866-7630
Hours: Monday—Friday, 8 am-4:30 pm.
Call to inquire about intake.

Helio Certified Community Behavioral Health Clinic

Integrated clinic with walk-in capability.

500 Whitesboro St, Utica, NY 13502

(315) 724-5168

Standard Hours: Mon-Thurs 8 am-8:30 pm, Fri-Sun 8 am-4:30 pm **Walk-In Hours:** Mon-Sun 8 am-3:30 pm.

Herkimer County Single Point of Access (SPOA)

County program for mental health, support, and housing.

(315) 983-2363

Call between 8 am and 4:30 pm Monday—Friday.

Program connects you to a variety of mental health resources. Even just calling can be very informative.

Peer Support Services

The Image Center (Upstate Caring Partners)

Informal drop-in center for socializing/mutual recovery.

235 N. Prospect St, Herkimer, NY 13350

(315) 798-8868

Hours: Monday—Friday, 8 am—4:30 pm

Call for more information or walk-in anytime.

NAMI Herkimer & Oneida Counties

Local chapter of the nationwide organization.

(315) 940-1142, namiherkimer@gmail.com

Times and locations of events may vary. Call for more information, Organization provides various free education and support services.

Addiction or Substance Use Treatment and Support

RISE Recovery Community Outreach Center

Community center dedicated to substance use recovery.

500 W. Albany St, Herkimer, NY 13350

(315) 219-5393 **Hours:** Mon/Tues/Thurs 9:30 am-4 pm,

Wed/Fri 9:30 am-7 pm, 9:30 am-6:30 pm 2nd Tues of each month. Call for more information or walk-in anytime.

Crisis Stabilization Center (CHBS)

24/7 walk-in center for mental health or SUD crisis.

1002 Oswego St Suite 2, Utica, NY 13502

(315) 520-7802

Call or walk-in anytime for MH and SUD support, counseling, and referrals to resources in a home-like setting.

Beacon Center Outpatient Clinic

Outpatient clinic with substance use services.

210 S. Main St, Herkimer, NY 13350

(315) 717-0189

Hours: Monday—Friday, 9 am—8 pm.

Call to inquire about intake.

MATTERS Network: (765)-MATTERS. Substance use and peer support. Telehealth appts daily 11 am-11 pm.

Alcoholics Anonymous (AA): (315) 732-6880

Narcotics Anonymous (NA): (315) 847-3842

Call 24/7 to find out about groups being held in the Herkimer County area.

Other Services

Herkimer County Department of Social Services

301 N. Washington St, Suite 2110, Herkimer, NY 13350

(315) 867-1291

Standard Hours: Mon-Fri 8 am-4:30 pm

Memorial Day-Labor Day Hours: Mon-Fri 8:30 am-4 pm.

Call **211** after hours.

Healthy Alliance

Social care network.

(315) 505-2290

Call to learn more about being linked with a network of professional who can help you see to every facet of your care.

Central New York Health Home Network (CNYHHN)

Care management service.

(855) 784-1262

Eligibility is contingent on having two chronic conditions

OR a single qualifying serious chronic condition (including schizophrenia and bipolar disorder).

To find more mental health programs and services, visit our website at: www.omh.ny.gov



BeWell.ny.gov



Get Connected. Get Help.™